

Brain Health: Alzheimer's Care & Caregiver Tips

THURSDAY, APRIL 25 — 6:30 P.M.

The Keifer Building at St. Paul's
341 East Jamestown Road, Greenville, PA 16125
(Rt. 58 across the road from the sports complex)



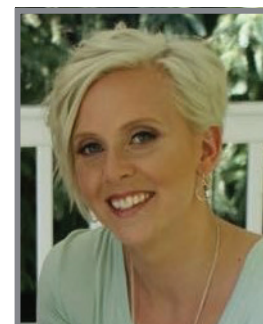
Jill Curtis

Education and Outreach Coordinator
Alzheimer's Association,
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Jacqueline Flowers

Clinical Dietician
St. Paul's Senior Living Community



Heather Miller

Community Relations Coordinator,
Northwest PA
UPMC for Life

Topics that will be covered:

Keeping our brains healthy as we age
Diet and lifestyle for preventing chronic diseases including Alzheimer's
UPMCs "Powerful Tools for Caregivers Program"

Open Q&A session will follow presentation.

Reservations required. Seating is limited.
RSVP to: jkather@sp1867.org or 724-589-4646.

St. Paul's offers a continuing care community including independent living, aging-in-place apartments, nursing and Alzheimer's care, short-stay rehabilitation and home-based care services.