

OCTOBER

NATIONAL HEALTH OBSERVANCES 2018

Domestic Violence Awareness Month

National Coalition Against Domestic Violence

303-839-1852

www.ncadv.org/

Live Well, Work Well flyers:

- Domestic Abuse

Eye Injury Prevention Month

American Academy of Ophthalmology

415-561-8534

www.aao.org/eyesmart

Live Well, Work Well flyers:

- Sports Safety: Eye Protection
- Workplace Eye Safety

Health Literacy Month

Health Literacy Consulting

562-690-4001

www.healthliteracymonth.org

Live Well, Work Well flyers:

- Your Health Plan series
- Take Charge of Your Health Care

Know Your Benefits flyers:

- Be a Wise Health Care Consumer series
- Resources to Compare Health Care Costs

Home Eye Safety Month

Prevent Blindness

800-331-2020

www.preventblindness.org/eye-safety-home

Live Well, Work Well flyers:

- Sports Safety: Eye Protection
- Vision Care series
- Children's Health: Vision Care

International Walk to School Month

National Center for Safe Routes to School

866-610-7787

www.iwalktoschool.org/

National Breast Cancer Awareness Month

American Cancer Society

800-227-2345

www.cancer.org/cancer/breast-cancer.html

Live Well, Work Well flyers:

- Take Charge of Breast Health
- Women's Health: Breast Cancer
- Women's Health: Mammograms

National Bullying Prevention Month

PACER Center Inc.

888-248-0822

www.pacer.org/bullying/nbpm

National Dental Hygiene Month

American Dental Hygienists' Association

312-440-8900

www.adha.org/national-dental-hygiene-month

National Down Syndrome Awareness Month

National Down Syndrome Society

800-221-4602

www.ndss.org

National Medical Librarians Month

Medical Library Association

312-419-9094, ext. 11

www.mlanet.org/

National Physical Therapy Month

American Physical Therapy Association

800-999-2782

www.apta.org/nptm/

Live Well, Work Well flyers:

- Physical Therapy for Good Health
- The Health Benefits of Massage

Sudden Cardiac Arrest Awareness Month

Heart Rhythm Society

202-464-3400

www.stopcardiacarrest.org

Sudden Infant Death Syndrome (SIDS) Awareness Month

Eunice Kennedy Shriver National Institute of Child Health and Human Development

800-505-2742

www.nichd.nih.gov/sts/Pages/default.aspx

Live Well, Work Well flyers:

- SIDS: Sudden Infant Death Syndrome
- Children's Health: Safe Sleeping

National Primary Care Week – Oct. 1-5

American Medical Student Association

703-620-6600

www.amsa.org/events/npcw/

Live Well, Work Well flyers:

- Visiting a Medical Specialist
- Doctor Appointments
- Talking to Your Doctor
- Following the Doctor's Orders

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National Depression Screening Day – Oct. 11

Screening for Mental Health Inc.

781-239-0071

<http://mentalhealthscreening.org/programs/initiatives>

Live Well, Work Well flyer:

- Mental Health: Depression

Bone and Joint Health Action Week – Oct. 12-20

United States Bone and Joint Initiative, NFP

847-430-5053

www.usbj.org

Live Well, Work Well flyers:

- Autoimmune Disease: Rheumatoid Arthritis
- Osteoarthritis
- Osteoporosis
- Sprains and Strains

Metastatic Breast Cancer Awareness Day – Oct. 13

Metastatic Breast Cancer Network

888-500-0370

www.mbcn.org/

Live Well, Work Well flyers:

- Women's Health: Breast Cancer
- Take Charge of Breast Health
- Women's Health: Mammograms

International Infection Prevention Week – Oct. 14-20

Association for Professionals in Infection Control and Epidemiology

202-789-1890

<http://professionals.site.apic.org/>

National Latino AIDS Awareness Day – Oct. 15

Latino Commission on AIDS

212-675-3288

www.nlaad.org

Live Well, Work Well flyer:

- Public Health: HIV/AIDS

National Health Education Week – Oct. 15-19

Society for Public Health Education

202-408-9804

www.sophe.org/focus-areas/national-health-education-week

Live Well, Work Well flyers:

- Public Health series

World Food Day – Oct. 16

Food and Agriculture Organizations of the United Nations

202-653-2458

www.fao.org/world-food-day/2017/home/en/

World Pediatric Bone and Joint Day – Oct. 19

United States Bone and Joint Initiative, NFP

847-430-5053

www.usbj.org

National Healthcare Quality Week – Oct. 21-27

National Association for Healthcare Quality

847-375-4720

www.nahq.org/membership/content/celebratehealthcarequality.html

Respiratory Care Week – Oct. 21-27

American Association for Respiratory Care

972-243-2272

www.aarc.org/resources/programs-projects/respiratory-care-week/

Live Well, Work Well flyers:

- Asthma: Managing Your Condition
- Children's Health: Asthma
- Allergies: Seasonal Relief

National Check Your Meds Day – Oct. 21

Consumer Reports

914-378-2559

<http://CRBestBuyDrugs.org>

International Stuttering Awareness Day – Oct. 22

Stuttering Foundation of America

800-992-9392

www.stutteringhelp.org

Red Ribbon Week – Oct. 23-31

National Family Partnership at Informed Families Education Center

800-705-8997

www.redribbon.org/

Live Well, Work Well flyers:

- Children's Health: Inhalant Abuse
- Children's Health: Prescription Drug Safety
- Substance Abuse

World Psoriasis Day – Oct. 29

National Psoriasis Foundation

800-723-9166

www.psoriasis.org

Live Well, Work Well flyers:

- Psoriasis
- Stress and Your Skin

Mental Illness Awareness Week – Oct. 7-13

National Alliance on Mental Illness

800-950-6264

www.nami.org

Live Well, Work Well flyers:

- Mental Health series
- Selecting a Mental Health Professional