05

KEY FACTS ABOUT STROKE

Sharon Regional Recognizes World Stroke Day!

Free blood pressure screenings will be offered on Tuesday, October 29th from 9 a.m. – 3 p.m. at the following locations:

Diagnostic & Imaging Center Hermitage
2435 Garden Way
Hermitage, PA 16148

Diagnostic & Specialty Center Hubbard
880 W Liberty St
Hubbard, OH 44425

Lawrence County Family Medicine
2520 Wilmington Rd
New Castle, PA 16105

Steward Cardiology Associates
2999 Innovation Way
Hermitage, PA

Thiel Health Center
Thiel College in Rudisill Room
75 College Ave
Greenville, PA 16125

FACT #1: stroke kills brain cells
Stroke happens when a clot or rupture interrupts blood flow to the brain. Without oxygen-rich blood, brain cells die.

FACT #2: types of stroke
Ischemic caused by a clot, Hemorrhagic caused by a rupture and Transient Ischemic Attack (TIA) or "mini stroke" caused by a temporary blockage.

FACT #3: about one in four stroke survivors is at risk for another
Fortunately, up to 80 percent of second clot-related strokes may be preventable.

FACT #4: prevention is key
Had a stroke? Create a plan with your doctor to prevent another, which may include managing high blood pressure and discussing aspirin or other medicine.
Aspirin is not appropriate for everyone, so be sure to talk to your doctor before you begin an aspirin regimen.

FACT #5: time lost is brain lost
Now that you know prevention, here’s how you spot one. Learn the FAST warning signs:

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<tr>
<td>Face Drooping</td>
<td>Arm Weakness</td>
<td>Speech Difficulty</td>
<td>Time to call 911</td>
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