

SHARON REGIONAL MEDICAL CENTER AND THIEL COLLEGE PRESENT:

# HEALTHY LIVING

A SERIES OF HEALTH AND WELLNESS PROGRAMS  
*for the Greenville community.*

## TUESDAY, MAY 14

### YOU DON'T NEED SUPERPOWERS TO BE A STROKE HERO

You just need to know how to spot a stroke F.A.S.T. Join this information program in recognition of Stroke Awareness Month to help understand the causes of stroke, the signs and symptoms and the importance of quick intervention to reduce long term disability for the most common type of stroke.

**Date:** Tuesday, May 14 • Time: 6-7 p.m.

**Location:** Thiel College

**Presenter:** David Shellenbarger, MD  
*Medical Director of Emergency Care Services,  
Sharon Regional Medical Center*

## TUESDAY, MAY 21

### MANAGING JOINT PAIN

Is knee pain keeping you from enjoying the things you love? Find out about new treatment options for knee pain including the use of the area's only robotics assisted technology used for total and partial knee surgery.

**Date:** Tuesday, May 21 • Time: 6-7 p.m.

**Location:** Thiel College

**Presenter:** Steven Hand, D.O.  
*Orthopedic Surgeon, Sharon Regional Medical Center*

## TUESDAY, MAY 28

### GETTING TO THE HEART OF IT ALL

Heart disease remains the leading cause of death in the U.S. Understanding the risk factors and knowing the signs and symptoms of a heart attack, as well as treatment options are all important in the fight against heart disease.

**Date:** Tuesday, May 28 • Time: 6-7 p.m.

**Location:** Thiel College

**Presenters:** Jamie Kurelko, MSN, RN, CRNP  
*Steward Cardiology Specialists*

**Debra Yeager, RN, BSN**  
*Director of Cardiovascular Services,  
Sharon Regional Medical Center*

These programs are FREE and space is limited.  
Snacks and refreshments will be provided.

To register call 800-974-9634.

All programs will take place in the  
**Howard Miller Student Center**  
**Lutheran Heritage Room**

Thiel College  
75 College Ave, Greenville, PA 16125



sharonregionalmedical.org



**Sharon Regional Medical Center**  
A STEWARD FAMILY HOSPITAL



740 East State Street Sharon, PA 16146