SHARON REGIONAL MEDICAL CENTER AND THIEL COLLEGE PRESENT:

HEALTHY LIVING
A SERIES OF HEALTH AND WELLNESS PROGRAMS
for the Greenville community.

TUESDAY, MAY 14
YOU DON’T NEED SUPERPOWERS TO BE A STROKE HERO
You just need to know how to spot a stroke F.A.S.T. Join this information program in recognition of Stroke Awareness Month to help understand the causes of stroke, the signs and symptoms and the importance of quick intervention to reduce long term disability for the most common type of stroke.

Date: Tuesday, May 14 • Time: 6-7 p.m.
Location: Thiel College
Presenter: David Shellenbarger, MD
Medical Director of Emergency Care Services,
Sharon Regional Medical Center

TUESDAY, MAY 21
MANAGING JOINT PAIN
Is knee pain keeping you from enjoying the things you love? Find out about new treatment options for knee pain including the use of the area’s only robotics assisted technology used for total and partial knee surgery.

Date: Tuesday, May 14 • Time: 6-7 p.m.
Location: Thiel College
Presenter: Steven Hand, D.O.
Orthopedic Surgeon, Sharon Regional Medical Center

TUESDAY, MAY 28
GETTING TO THE HEART OF IT ALL
Heart disease remains the leading cause of death in the U.S. Understanding the risk factors and knowing the signs and symptoms of a heart attack, as well as treatment options are all important in the fight against heart disease.

Date: Tuesday, May 28 • Time: 6-7 p.m.
Location: Thiel College
Presenters: Jamie Kurelko, MSN, RN, CRNP
Steward Cardiology Specialists
Debra Yeager, RN, BSN
Director of Cardiovascular Services,
Sharon Regional Medical Center

These programs are FREE and space is limited. Snacks and refreshments will be provided.

To register call 800-974-9634.
All programs will take place in the Howard Miller Student Center Lutheran Heritage Room
Thiel College
75 College Ave, Greenville, PA 16125

sharonregionalmedical.org

Sharon Regional Medical Center
A STEWARD FAMILY HOSPITAL
740 East State Street Sharon, PA 16146