Brain Health: Alzheimer’s Care & Caregiver Tips

THURSDAY, APRIL 25 — 6:30 P.M.

The Keifer Building at St. Paul’s
341 East Jamestown Road, Greenville, PA 16125
(Rt. 58 across the road from the sports complex)

Jill Curtis
Education and Outreach Coordinator
Alzheimer’s Association,
Greater PA Chapter

Jacqueline Flowers
Clinical Dietician
St. Paul’s Senior Living Community

Heather Miller
Community Relations Coordinator,
Northwest PA
UPMC for Life

Topics that will be covered:

Keeping our brains healthy as we age
Diet and lifestyle for preventing chronic diseases including Alzheimer’s
UPMCs “Powerful Tools for Caregivers Program”

Open Q&A session will follow presentation.

Reservations required. Seating is limited.
RSVP to: jkather@sp1867.org or 724-589-4646.

St. Paul’s offers a continuing care community including independent living, aging-in-place apartments, nursing and Alzheimer’s care, short-stay rehabilitation and home-based care services.