Domestic Violence Awareness Month
National Coalition Against Domestic Violence
303-839-1852
www.ncadv.org/
Live Well, Work Well flyer:
- Domestic Abuse

Eye Injury Prevention Month
American Academy of Ophthalmology
415-561-8534
www.aao.org/eyesmart
Live Well, Work Well flyers:
- Sports Safety: Eye Protection
- Workplace Eye Safety

Health Literacy Month
Health Literacy Consulting
562-690-4001
www.healthliteracymonth.org
Live Well, Work Well flyers:
- Your Health Plan series
- Take Charge of Your Health Care
- Be a Wise Health Care Consumer series
- Resources to Compare Health Care Costs

Home Eye Safety Month
Prevent Blindness
800-331-2020
www.preventblindness.org/eye-safety-home
Live Well, Work Well flyers:
- Sports Safety: Eye Protection
- Vision Care series
- Children’s Health: Vision Care

International Walk to School Month
National Center for Safe Routes to School
866-610-7787
www.iwalktoschool.org/

National Breast Cancer Awareness Month
American Cancer Society
800-227-2345
www.cancer.org/cancer/breast-cancer.html
Live Well, Work Well flyers:
- Take Charge of Breast Health
- Women’s Health: Breast Cancer
- Women’s Health: Mammograms

National Bullying Prevention Month
PACER Center Inc.
888-248-0822
www.pacer.org/bullying/nbpm

National Dental Hygiene Month
American Dental Hygienists’ Association
312-440-8900
www.adha.org/national-dental-hygiene-month

National Down Syndrome Awareness Month
National Down Syndrome Society
800-221-4602
www.ndss.org

National Medical Librarians Month
Medical Library Association
312-419-9094, ext. 11
www.mlanet.org/

National Physical Therapy Month
American Physical Therapy Association
800-999-2782
www.apta.org/nptm/
Live Well, Work Well flyers:
- Physical Therapy for Good Health
- The Health Benefits of Massage

Sudden Cardiac Arrest Awareness Month
Heart Rhythm Society
202-464-3400
www.stopcardiacarrest.org

Sudden Infant Death Syndrome (SIDS) Awareness Month
Eunice Kennedy Shriver National Institute of Child Health and Human Development
800-505-2742
www.nichd.nih.gov/sts/Pages/default.aspx
Live Well, Work Well flyers:
- SIDS: Sudden Infant Death Syndrome
- Children’s Health: Safe Sleeping

National Primary Care Week – Oct. 1-5
American Medical Student Association
703-620-6600
www.amsa.org/eventsnpcw/
Live Well, Work Well flyers:
- Visiting a Medical Specialist
- Doctor Appointments
- Talking to Your Doctor
- Following the Doctor’s Orders
National Depression Screening Day – Oct. 11
Screening for Mental Health Inc.
781-239-0071
http://mentalhealthscreening.org/programs/initiatives
Live Well, Work Well flyer:
- Mental Health: Depression

Bone and Joint Health Action Week – Oct. 12-20
United States Bone and Joint Initiative, NFP
847-430-5053
www.usbji.org
Live Well, Work Well flyers:
- Autoimmune Disease: Rheumatoid Arthritis
- Osteoarthritis
- Osteoporosis
- Sprains and Strains

Metastatic Breast Cancer Awareness Day – Oct. 13
Metastatic Breast Cancer Network
888-500-0370
www.mbcn.org/
Live Well, Work Well flyers:
- Women’s Health: Breast Cancer
- Take Charge of Breast Health
- Women’s Health: Mammograms

International Infection Prevention Week – Oct. 14-20
Association for Professionals in Infection Control and Epidemiology
202-789-1890
http://professionals.site.apic.org/

National Latino AIDS Awareness Day – Oct. 15
Latino Commission on AIDS
212-675-3288
www.nlaad.org
Live Well, Work Well flyer:
- Public Health: HIV/AIDS

National Health Education Week – Oct. 15-19
Society for Public Health Education
202-408-9804
www.sophe.org/focus-areas/national-health-education-week
Live Well, Work Well flyers:
- Public Health series

World Food Day – Oct. 16
Food and Agriculture Organizations of the United Nations
202-653-2458

World Pediatric Bone and Joint Day – Oct. 19
United States Bone and Joint Initiative, NFP
847-430-5053
www.usbji.org

National Healthcare Quality Week – Oct. 21-27
National Association for Healthcare Quality
847-375-4720
www.nahq.org/membership/content/celebratehealthcarequality.html

Respiratory Care Week – Oct. 21-27
American Association for Respiratory Care
972-243-2272
www.aarc.org/resources/programs-projects/respiratory-care-week/
Live Well, Work Well flyers:
- Asthma: Managing Your Condition
- Children’s Health: Asthma
- Allergies: Seasonal Relief

National Check Your Meds Day – Oct. 21
Consumer Reports
914-378-2559
http://CRBestBuyDrugs.org

International Stuttering Awareness Day – Oct. 22
Stuttering Foundation of America
800-992-9392
www.stutteringhelp.org

Red Ribbon Week – Oct. 23-31
National Family Partnership at Informed Families Education Center
800-705-8997
www.redribbon.org/
Live Well, Work Well flyers:
- Children’s Health: Inhalant Abuse
- Children’s Health: Prescription Drug Safety
- Substance Abuse

World Psoriasis Day – Oct. 29
National Psoriasis Foundation
800-723-9166
www.psoriasis.org
Live Well, Work Well flyers:
- Psoriasis
- Stress and Your Skin

Mental Illness Awareness Week – Oct. 7-13
National Alliance on Mental Illness
800-950-6264
www.nami.org
Live Well, Work Well flyers:
- Mental Health series
- Selecting a Mental Health Professional

Source: 2018 National Health Observances, National Health Information Center, Office of Disease Prevention and Health Promotion, U.S. Department of Health and Human Services, Washington, DC.
Please note: Only the most popular observances are listed. There may be more observances in a given month. Educational materials given as examples are not intended to be exhaustive.

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