

Medical History (to be completed by student)

Please complete this form before going to your health care professional for examination. This information is strictly for the use of the Student Health Center and will not be released to anyone without your knowledge and written consent.

Completion Date _____

| | | | | | |
|---------------------------|---|--------|--|-------------|----------|
| Last Name (Student) | First Name | Middle | Sex <input type="checkbox"/> M <input type="checkbox"/> F | S.S. Number | Birthday |
| Permanent Mailing Address | | City | State | | Zip |
| Home Phone | Marital Status <input type="checkbox"/> Single <input type="checkbox"/> Married <input type="checkbox"/> Divorced <input type="checkbox"/> Separated | | Month & Year you will begin classes at Thiel College | | |

Height _____ Weight _____

Family History

| | Age | State of Health | Occupation | Age of Death | Cause of Death |
|----------|-----|-----------------|------------|--------------|----------------|
| Father | | | | | |
| Mother | | | | | |
| Brothers | | | | | |
| | | | | | |
| | | | | | |
| Sisters | | | | | |
| | | | | | |
| | | | | | |

Have any blood relatives (children, brothers, sisters, parents or grandparents) had or currently have any of the following? If yes, mark X in the small box and include the relationship (i.e. father, aunt) in the box to the right.

| | | | | | | | | |
|---------------------------|--|--|--------------------------|--|--|-------------------------------|--|--|
| Diabetes | | | Rheumatic fever | | | Blood disease | | |
| Thyroid or goiter trouble | | | Arthritis, rheumatism | | | Tuberculosis | | |
| Allergies | | | Strep throat | | | Stomach or ulcer trouble | | |
| Asthma, bronchitis | | | Gout | | | Chronic diarrhea | | |
| High blood pressure | | | Stroke | | | Other serious/chronic disease | | |
| Coronary heart disease | | | Problems with alcoholism | | | Weight problem | | |
| Other heart trouble | | | Cancer | | | Epilepsy | | |
| Other: | | | | | | | | |

Do you smoke? Yes No If yes, how much per day? _____

Do you drink alcohol or use marijuana? Yes No If yes, how often per day? _____

Do you have any allergies to medication? Yes No If yes, please list: _____

Do you have any other allergies? Yes No If yes, please list: _____

Current medications _____

Past Medical History (mark X if applicable and include date last treated in box to the right)

| | | | | | |
|-------------------------|--|------------------------|--|------------------------------|--|
| Alcohol/drug dependence | | Dizziness/fainting | | Psychological problem | |
| Allergy/hay fever | | Ear and nose problem | | Respiratory problem | |
| Anemia/blood disease | | Epilepsy/seizures | | Sexually transmitted disease | |
| Anxiety | | Head injury | | Shortness of breath | |
| Arthritis/joint pain | | Heart problems | | Skin problem | |
| Asthma | | Hemorrhoids | | Strep throat | |
| Back problems | | Hepatitis | | Swollen glands | |
| Bladder/kidney | | High blood pressure | | Swollen joints | |
| Blood in stool | | High cholesterol | | Thyroid disease | |
| Cancer/cyst/tumor | | Hypoglycemia | | Tuberculosis | |
| Clot in veins | | Insomnia | | Ulcer | |
| Constipation | | Liver disease/jaundice | | Varicose veins | |
| Depression | | Malaria | | Weight Problem | |
| Diabetes (sugar) | | Mononucleosis | | Other (describe) | |
| Diarrhea | | Pregnancy | | | |

Sign Here: Student Signature (Parent or Guardian if under 18 years of age) _____

Medical Attention and Hospital Authorization

In the event that a student is ill and it is deemed necessary that he/she should have medical attention and/or hospitalization, I hereby authorize the designated representative of the College to:

- Secure the service of a health care professional.
- Have him/her taken to a hospital for outpatient treatment.
- Have him/her admitted to a hospital for in-patient treatment, including surgery.

It is understood that this authorization will be used in case of an emergency and only when delay would jeopardize the student's welfare and when I cannot be reached immediately by telephone. It is understood that I will assume all financial obligations involved that are not covered by insurance.

| | | |
|------------------------------|---|--------------|
| Name of Health care Provider | Health care provider Address (Street, City, State, Zip) | Phone Number |
|------------------------------|---|--------------|

Emergency Contacts (please list two)

| | | |
|------|---------|--------------|
| Name | Address | Phone Number |
| Name | Address | Phone Number |

Parents'/Guardian's Places of Employment (list one or two)

| | | |
|--------------|---------------------|----------------|
| Relationship | Place of Employment | Business Phone |
| Relationship | Place of Employment | Business Phone |

Sign Here: Student Signature _____
Date _____

Parent's Signature _____
Date _____

Physical Examination (to be completed by your health care provider)

Please review the student's health history and complete this form, commenting on all positive answers. This student has been accepted at Thiel College and the information supplied will not affect student's status. It will be used only as a background for providing health care, if necessary. This information is strictly for the use of the Student Health Center and will not be released without the student's written consent.

| | | | | | | |
|-----------|------------|--------|--|----------------|--------|--------|
| Last Name | First Name | Middle | Sex <input type="checkbox"/> M <input type="checkbox"/> F | Blood Pressure | Weight | Height |
|-----------|------------|--------|--|----------------|--------|--------|

If deemed necessary by health care provider completing this form:

Urinalysis _____ Date _____ Sugar _____ Albumin _____ Micro _____
 Hb. or Hct. _____

Required Immunizations

Tetanus/Diphtheria - must have received a primary series of DTP, DT of Td and a booster within past 10 years.

Measles, Rubella, Mumps - proof of vaccination or a titer is acceptable; primary injection with a booster.

Polio - primary series in childhood.

Varicella - either a history of chicken pox, Varicella antibody or two (2) doses of vaccine given at least one month apart if immunized after age 13; or one (1) dose of vaccine if immunized before age 12.

Hepatitis B - series of three (3) injections given at specific time intervals.

Meningococcal - One (1) dose, preferably at entry into college for freshmen living in residence halls that wish to reduce their risk of meningococcal disease. Any undergraduate less than 25 years of age who wishes to reduce their risk can consider this vaccine. Students with immunodeficiency, such as complement deficiency or asplenia, should receive vaccine q. 3-5 years. All students that are residing in college or university-owned housing are required to have at least one (1) dose of the meningococcal vaccine or a signed waiver declining the vaccine after being given literature on the vaccine and the disease.

Recommended Immunizations

Influenza - annual immunization to avoid disruption to academic activities. These are given late fall providing they are not contradicted due to medical history or allergies.

Update Immunizations Required for Admission

| | Dates | Boosters |
|--------------------------|-------|----------|
| Diphtheria | | |
| Pertussis | | |
| Tetanus (within 10 yrs.) | | |
| Polio | | |
| Measles | | |
| Rubella | | |
| Mumps | | |
| Varicella | | |
| Hepatitis B | | |
| Meningococcal Vaccine | | |

Tuberculosis Screening, if student is at risk (if positive, please list follow-up given)

Negative Positive Date _____

Physical Examination *(continued)*

Are there abnormalities in the following systems? Describe fully. Use additional sheet if necessary. Check each item in appropriate column.

| | Normal | Abnormal | Detail of each abnormality |
|--|--------|----------|----------------------------|
| Head, neck, face and scalp | | | |
| Nose and sinuses | | | |
| Mouth, teeth, gingiva and throat | | | |
| Ears - General (canals, drums, etc.) | | | |
| Eyes - General (lids, pupils, motions) | | | |
| Lungs, chest and breasts | | | |
| Heart | | | |
| Vascular system (including varicosities) | | | |
| Abdomen and viscera (include hernia) | | | |
| Ano-Rectal and pilonidal | | | |
| Endocrine system | | | |
| Genito-urinary system | | | |
| Upper extremities | | | |
| Lower extremities (include feet) | | | |
| Spine, other musculo-skeletal | | | |
| Skin and lymphatics | | | |
| Neurological system | | | |
| Psychiatric (personality deviation) | | | |
| If female, give menstrual history | | | |

Allergy Injections Yes No

If yes, and student wants to obtain allergy injections at the Student Health Center, an additional form must be requested by contacting Pam Despo, Coordinator of Student Health Center, at 724-589-2195 or pdespo@thiel.edu. Allergy injections are administered by a registered nurse with oxygen and epinephrine available, but there is no doctor on-premises. In case of an emergency, student will be transported to UPMC Horizon Hospital - Greenville Campus for care and follow-up.

NOTE: Above information must be completed in order for student to participate in physical education classes/sports programs.

Is there loss or seriously impaired function of any organ? Yes No

Recommendation for physical activity (PE, competitive sports, intramurals) Unlimited Limited

If there are limitations, explain _____

Is the patient under treatment or on any medication for any medical or emotional condition? Do you have any recommendations regarding the care of this student?

Health care provider's signature _____ Date _____

Print health care provider name _____

Address _____ Phone _____

Meningitis Statement

College students are at increased risk for meningococcal disease, a potentially fatal bacterial infection commonly referred to as meningitis. In fact, first-year students living in residence halls are found to have a six-fold increased risk for the disease. The American College Health Association, The American Academy of Pediatrics, and the Centers for Disease Control and Prevention (CDC) Advisory Committee on Immunization Practices recommends that college students, particularly first-year students living in residence halls, learn more about meningitis and vaccination. At least 70 percent of all cases of meningococcal disease in college students are vaccine preventable.

Pennsylvania passed the Pennsylvania College and University Student Vaccination Act, which was signed into law on June 28, 2002. This law states that Pennsylvania colleges may not allow students to reside in college housing unless the college has, on file, proof that the student has received a one-time vaccination against meningococcal disease. The student may elect to waive receiving the vaccination for religious or other reasons. In this instance, the student must sign a declination statement that states he or she understands the risks and benefits of the vaccination.

What is meningococcal meningitis?

Meningitis is rare but potentially fatal bacterial infection. It can cause either inflammation affecting the brain and spinal cord or a systemic bacterial infection found in the blood. This can result in permanent brain damage, hearing loss, learning disability, limb amputation, kidney failure or death.

How is it spread?

Meningococcal bacteria are transmitted through air droplets and direct contact with persons already infected with the disease. This can be through coughing, kissing, sneezing or sharing items like utensils, cigarettes and drinking glasses.

What are the symptoms?

Symptoms of meningococcal meningitis often resemble those of the flu. These symptoms include high fever, rash, vomiting, severe headache, neck stiffness, lethargy, nausea and sensitivity to light.

Who is at risk?

College students, particularly first-year students, living in campus housing have an increased risk of contracting the disease.

Can meningitis be prevented?

A safe and effective vaccine is available that is 85 percent to 100 percent effective in preventing four serogroups of the disease which cause approximately 70 percent of the meningococcal diseases found in the United States. The vaccine is effective for approximately 3 to 5 years. Reactions to the meningitis vaccine are mild and infrequent consisting primarily of redness and pain at the injection site. As with any vaccine, vaccination against meningitis may not protect 100% of all susceptible individuals. It does not protect against viral meningitis.

To learn more about meningitis and the vaccine, you can visit the websites for the Centers for Disease Control and Prevention (www.cdc.gov/ncidod/dbmd/diseaseinfo) and the American College Health Association (www.acha.org).

This is a requirement to reside in Thiel College Housing. Please check the appropriate statement and sign below.

- I have had the meningitis vaccine on _____. (date of vaccine)
- I have read and understand the information about meningitis, and I decline the meningitis vaccine at this time. If I decide in the future that I want the vaccine, I will obtain it from my private healthcare provider.

Sign Here: Student Signature _____ Parent's Signature _____
Date _____ Date _____

*This will become part of the student's permanent file. The student will not be permitted to reside in campus housing if this form is not completed and returned prior to arrival on campus.