Assessment Report for Concern for Health and Well-being
AY 2014-15

Assessment Plan

Student Learning Outcomes Assessed: Upon completion of the core curriculum, students will have demonstrated the ability to
• Identify habits of healthy living.

Assessment Activities:
• Rubric Scoring, Random Sample of Student Work
• Discussion of Results
• Development of Action Plans

Rubrics:
• Core SLO
  o Healthy Living: Identify habits of healthy living.
• Foundations and Skills for Life-Long Learning AAC&U VALUE

Assessor:
• Shaffer, Physical Education
Assessment Results

Assessment Baseline:
50% of students assessed will score a 2 or higher on each assessed criterion.

Assessment of Core Learning Outcome:

Core Learning Outcomes
- **Healthy Living**: With 91% of the student samples scoring a 2 or higher, we **met** our assessment goal.
Assessment of Foundations and Skills for Life-Long Learning

Life-Long Learning VALUE Rubric

- **Curiosity**: With 64% of the student samples scoring a 2 or higher, we **met** our assessment goal.
- **Initiative**: With 64% of the student samples scoring a 2 or higher, we **met** our assessment goal.
- **Independence**: With 64% of the student samples scoring a 2 or higher, we **met** our assessment goal.
- **Transfer**: With 64% of the student samples scoring a 2 or higher, we **met** our assessment goal.
- **Reflection**: With 64% of the student samples scoring a 2 or higher, we **met** our assessment goal.
Reflection

Integrative Learning VALUE Rubric

• Transfer:
  o As freshmen, we need to be overt in our expectations. Does the assignment ask students to use transferrable skills, knowledge?
  o In performing the assessment, we realized that we needed to spend more time demonstrating how skills, abilities, and theories can be transferred across disciplinary boundaries.

• Reflection:
  o We need to be much more intentional about what skills are we trying to teach. We need to communicate that this is what we are expecting of our students.
  o In performing the assessment, we realized that we needed to incorporate self-evaluative reflection exercises to encourage self-assessment.

General Observations

• Students provided better assignments when given more details targeted to assess the student learning outcomes.
• Students need to feel that this course in important and the benefits of leading a healthy life style. Students often feel that since they are young they can wait until they are older or diagnosed with an illness like heart disease or diabetes.
• Need to create more interest in material taught in class.
• Need additional samples from activity courses
• Need to develop a signature assignment that will be collected for assessment purposes.
• Need to create a performance rubric for activity classes geared to the assessment of student learning outcomes.
**Action Items**

1. Through the use on Moodle provide additional materials to engage students throughout the course. These materials can include articles and example workouts focused on class content.
2. Create a performance rubric for activity courses and an assignment geared towards assessment of student learning outcomes.
3. Create a detailed signature assignment that will be collected for assessment purposes for HPED 199 and 198.
4. Collect samples from activity courses.