

# Tips to Get the Grade

by Katie Allgeier, kallg275@thiel.edu

Earlier this week, Huffington Post released a list of stress-relieving tips and tricks to get students through finals week. While some of the items on the list require a little help, most are easy options for college students to take advantage of.

One quick way to de-stress is to clean off the desk or workspace. Huffington recommends doing a deep-clean of your desk; toss any old, useless papers, and organize those papers that need to be kept. Scrub the workspace to get rid of coffee rings and Ramen residue. This will ensure a physically clean space to start studying.

An easy way to refresh the mind is to take a run. While physical activity may not seem like a priority, studies have shown that going for a twenty-minute run in the cold clears the mind and prepares it for serious studying. Additionally, working up a good sweat through any kind of physical activity helps revitalize your body. After a quick shower, you'll be ready to buckle down.

Another way to prepare for finals is to make a detailed schedule for the next week. This schedule should include not only classes and finals, but also extracurriculars, work, grocery shopping, phone calls home, and anything else that will take up your time. This will help organize and prioritize responsibilities, and will prevent any surprise tasks from popping up.

Social media is a recognized time-waster, and it can be easy to fritter away hours at a time on sites like Netflix, Facebook, and Tumblr. Taking a break from these sites during finals week is highly recommended. This gives the brain a break from thinking quite so much, allowing it to focus on studying. Google Chrome offers several extensions that will help block sites, keeping the urge to be social under control.

Talking to someone else, like a trusted friend or professor, can help lower stress levels. These people can offer solutions and consolation, in addition to providing an outlet to express frustrations. Additionally, finding out that someone else can sympathize with worries or concerns is often a stress-reliever in and of itself.

Many students listen to music while studying, but few listen to the *correct* kind of music.

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# Intro to Presentational Literacy Added to Core Curriculum

by Liz Carlson, ECarlson@thiel.edu

In today's world, communication skills are essential for success, especially beyond college and in the workforce. It is also no secret that many young millennials lack these types of communication skills. This year Thiel took up the task of ensuring that its students are exposed to good communication literacy during their time here.

Along with a few other changes that occurred to the core curriculum, a class titled "Introduction to Presentational Literacy" was made a requirement for first year students.

Dr. Bob Batchelor, chair of the communication department, explains that the purpose of Intro to Presentational Literacy is to instill in students the face to face communication skills necessary for success in the workplace.

A presentational literacy course also adds to the already well-rounded liberal arts education that Thiel students receive.

In Intro to Presentational Literacy, students complete coursework that is designed to strengthen and improve their critical thinking abilities. They are asked to complete several research assignments from which the information gathered will be used to complete a final project, which is a TED Talk style presentation.

The students in Intro to Presentational Literacy also read articles and respond to corresponding questions via Moodle discussion boards that help them to think critically about their current presentational skills and things that they can do to strengthen them.

The final goal for the students is to be able to give a professional presentation in which they speak with intelligence and passion about a subject while being filmed.

"I think that adding this course to the curriculum was a good idea and it has a lot of benefits and strengths associated with it," Batchelor said. "For the students who take this course seriously, they will gain stronger research skills, better writing skills, and a deeper understanding of how face to face communications will benefit them in the future," he added.

Dr. Victor Evans, media communications professor, also expressed his positive thoughts about the new course.

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# Thiel Holds International Food Fair

by Kristina Cotton, kcotton@thiel.edu

Ko Sungkyung (Stacey), an international student from Duksung Women's University, spent all of Sunday Nov. 16 cooking for the International food fair. This food fair kicked off International Education Week, sponsored by the International Student Affairs office.

This particular event was very successful. Numerous students as well as individuals from the Greenville community turned out to dine of foreign cuisine. Serving Ddeokgalbi, which is a rice cake wrapped in beef, Ko said, "This is my favorite dish and Gimbab is my second favorite. We usually eat it twice a week and on special occasions such as Korean thanksgiving." Ko said that she had fun cooking, although it was tiring; she appreciates that Thiel hosts these events. "It makes me happy that Thiel has events which explore my culture!"

On a daily basis though, when there is not an international food fair occurring, Ko prefers the salad bar above all. "I like to eat healthier and the salad bar is the healthiest choice here at Thiel."

Beatrice Hereford, a freshman and participant at the food fair, said, "It was a great way to experience food from other countries. I think that there should be more events that allow Thiel and Greenville, as a community, to become more culturally competent. International students are a prominent group on campus, and there should be more things targeted towards them to get them more involved."

Hereford has an international student as a roommate, Yi Shi, so her experience with the Chinese culture is even greater. "I think this event al-



The international students at Thiel gathered together to share their country's unique cuisines with the community.

Photo credit: Kristina Cotton

lows for exposure to the diversity on this campus. It gives the international students a chance to thrive in a way that promotes their way of life," Hereford said. "It is very beneficial to the community. It allows those who have never been exposed to other cultures to have that experience. It is a great way to bring other countries to a small town like Greenville."

Several cultures and styles of food

were represented at the fair. Here is an abbreviated list of some of the food that was served by international students: Konomiyaki (Japanese pizza), Ddeok Galbi (Meat covered rice cake), Bulgogi (Korean barbeque), Haemul Pajeon (seafood pancake with vegetables), Gimbap (Korean sushi), Ssambap (Korean lettuce wraps).

# The World of Thanksgiving in Pakistan

by Lynsay Girts, LGirts@thiel.edu

Americans celebrate Thanksgiving, a day of giving thanks for life's many blessings. The celebration of Thanksgiving in the United States is often thought of as a remembrance of when the pilgrims came to the New World and fortified themselves with crops and a plentiful harvest.

In Pakistan, people celebrate Eid-ul-Adha, also known as the 'Festival of Sacrifice.' This is the second most important festival in the Muslim calendar.

The Eid-ul-Adha occurs in Dhu al-Hijjah, which is the twelfth and final month in the Islamic calendar. This month is very sacred due to that fact that it marks the end of the year. The Hajj, which is the Muslim's pilgrimage to Mecca, also takes place within this month. The Hajj extends throughout the eighth, ninth, and tenth of the month while the Eid-ul-Adha (Festival of Sacrifice) begins on the tenth day and ends on the sunset of the twelfth.

Arshad Shaheen is an international student from Pakistan, attending Thiel for the fall semester. Since Shaheen lives in Pakistan, he has personal experience with the holiday.

"I have not completed this pilgrimage yet but I look forward to the day when I will," Shaheen said.

The festival is important to the Islamic culture because it marks the end of the Hajj pilgrimage to Mecca.

The prayer process is one that Shaheen said consists of numerous hours of praying and occurs five times a day – in the morning, at noon, mid-afternoon, at sunset, and then again in the evening. An article written by Rosemary Pennington best answers the question, "How do Muslims pray?"

According to Pennington's article posted on muslimvoices.org, "The prayer is begun by saying 'Allahu akbar' or 'God is most great' – then Muslims recite the first seven verses of the first chapter of the Qur'an. Before a prayer can be said, though, Muslims must go through a ritual cleansing – this is to ensure they are both physically and spiritually pure before going before Allah."

These prayers can be recited together in a holy place of prayer, typically a mosque, or they can be said alone, but ultimately, the five prayers are intended to deliberately combine and include elements of "meditation, devotion, moral elevation, and physical exercise."

Another major activity that takes place during this festival is when the Islamic culture turns their attention and devotion to the sacrifice that Ibrahim encountered in his life. In the Qur'an, there is a story about Ibrahim's [Abraham's] willingness to follow Allah's [God's] command to sacrifice his only son.

[cont. on pg. 4]

# Ways to Survive Financial Pitfalls of College

by Hunter Michaelis and Kristina Cotton

Susan Bloom, the Assistant Director of the Financial Aid department, is one of Thiel's newer faculty. She has advice about surviving college, and answers questions about how one chooses whether to go to a community college, or a private school like Thiel?

"You need to take advantage of as much gift aid as there is out there. Other than that, it's just what fits the person's needs, because there are options to pay. Each individual circumstance is different," Bloom said.

"Gift aid" is anything from scholarships, interest-free loans, or the Federal Application for Free Student Aid, known as the FAFSA.

"You always want to come out of college with the least amount of debt, but you want to find the school that has the best fit for you," she continued. "Go with what your major needs, faculty, and some students want larger

class sites... it's important to visit colleges before committing."

She recommends the book "The Missing Semester" by Gene Nitali, Jr. and Matt Kabala, who are involved with funds in Pittsburgh and South Carolina, respectively, according to the authors' website.

"It's a great read for those are serious about getting their finances in order," she explained. "Never pay money for your student loans or applications. That's a scam."

Financial Aid Director, Cynthia Farrell provided some tips for students when trying to acquire scholarships or aid:

1. Investigate! Keep looking throughout the four years and get as much information as you can. Many scholarships are based on major, grades, and location. Also check with the financial aid office. We will check-out scholarships for you.

2. Most applications are searching for academic performance, special skills, and community service. Are you involved on campus? Are you giving back? Are you a leader? If you're in a club take on a leadership role!
3. Talk to people in your community such as churches, your parents' workplace, and community foundations (who usually coordinate scholarships for students). Make contacts where you live, you may be able to find out things your college cannot.
4. Talk to civic organizations such as the VFW.
5. Do not procrastinate when filling out an application or writing an essay for an application.
6. Follow the instructions. Send what it says to send.
7. Deadlines, deadlines, deadlines, deadlines! For example: May 1 is the deadline for FAFSA, watch

for this date so you don't lose out on federal grants. Try www.fastweb.com it's the largest, most recognized, and reputable database. Make a profile, plug your information in, and the site searches for scholarships you might be interested. Keep updating your profile. Provide information on all that you have done.

8. In the front of the student handbook there is a list of Endowed scholarships. These are scholarships donated by Thiel alumni. The donor sets the criteria for the scholarship. A standard application is sent out in the second semester and then a scholarship committee reviews the applications. They are then awarded. When filling out this application include as much information as you can. Look up their scholarships and see if anything is specific to your major or interests.

9. Be careful not to give out too much personal information.





## Thiel Happenings

compiled by Liz Carlson, [ecarlson@thiel.edu](mailto:ecarlson@thiel.edu)

### Friday, Dec. 5

#### Fifth Annual Dome Opener:

5-10 p.m., Dome  
Food, music, inflatables, novelties, a mobile zipline, and more! This year's Dome Opener is guaranteed to be a good time for all attendees!

### Saturday, Dec. 6

#### Multicultural Holiday Snow Ball:

6:30-10 p.m., LHR  
Join the multicultural student organizations (The Alliance, Organization of Black Collegians, TC Soldiers for God, and WING) and the office of Diversity and Multicultural Affairs for a formal dinner and dance.

### Sunday, Dec. 7

#### 62nd Annual Christmas Festival:

4-5:45 p.m., Passavant  
Performing in this year's festival, entitled "Christmas Around the World," are the Thiel Choir, the Thiel College Chamber Singers and the Thiel College Handbell Ringers, directed by Dr. Michael Bray and accompanied by Kathryn A. Gray. Prelude music begins at 3:40 p.m.

### Final Day of Classes:

Monday, Dec. 8

### Final Exams:

Wednesday, Dec. 10- Saturday, Dec. 13

### Winter Break Begins:

Sunday, Dec. 14

### Thiel Team Trivia Tuesdays:

Every Tuesday in the Bistro at 9 p.m.

## Thiel Players: Enemy of the People

by Mary Dougherty, [mdougherty@thiel.edu](mailto:mdougherty@thiel.edu)

On the weekend of Nov. 14-16, the Thiel Players performed Arthur Miller's adaptation of "An Enemy of the People," originally written by Henrik Ibsen in 1882, under the direction of Dr. Pete Rydberg. The cast and crew had been working hard on the play since school reconvened in August.

The play is set in a town that has built a huge bathing complex that is crucial to the town's economy. Dr. Stockmann, played by sophomore Austin Hall, has just discovered that the baths' drainage system is seriously contaminated. He alerts several members of the community, including the town's newspaper editor, Hovstad, and the newspaper printer, Aslaksen, played by junior Loyal Jasper and freshman Cole D. Smith respectively. Dr. Stockmann receives generous support and thanks for making his discovery in time to save the town.

The next morning, Dr. Stockmann's brother who is also the town's mayor, played by sophomore Darian Ennis, tells him that he must retract his statements, for the necessary repairs would be too expensive; additionally, the mayor is not convinced by the findings.

The brothers have a fierce argument, but Dr. Stockmann hopes that at least Hovstad's newspaper will support him. Unbeknownst to Dr. Stock-



Darian Ennis performing with fellow Thiel Players

Photo credit: Maryanne Elder

mann, the mayor convinces Hovstad and Aslaksen to oppose him as well. The entire town turns on Dr. Stockmann and declares him an enemy of the people, because they believe he is out to destroy the town with his findings. He is quickly ostracized and his home is vandalized by the townspeople.

Dr. Stockmann is supported throughout the play by his wife Katherine and daughter Petra, performed by freshman Alison Schemrich and junior Lora Kay.

When director Dr. Pete Rydberg was asked what he hoped the audience would gain as a result of watching the play, he answered with a hope that a deeper meaning was revealed.

"Beyond an excellent theatrical experience, I hope the audience found themselves engaged in the central theme of the play, which is this notion that the truth can be swept under the rug by powerful inter-

ests and economic factors, and for a play written more than a century ago, how the more things change, the more they stay the same," Rydberg said.

"I've never read [An Enemy of the People] and I thought the actors and actresses portrayed it to the audience well and made it believable that it was actually happening," said sophomore Ashley Guillory, who watched the performance on Friday night.

In the spring, the Thiel Players will be performing "The 25th Annual Putnam County Spelling Bee." The dates are set for April 10, 11, and 12. Any student interested in becoming involved with the Thiel Players can contact Rydberg.

"If you have the passion to work in a creative, collaborative space and have some time to commit, we will find something for you to do. Auditions are open to all students," Rydberg said.

## Thiel College Police Blotter

Nov. 15, 2014: 6:00 p.m.

Two students were found in possession of Marijuana.

Nov. 20, 2014: 12:30 a.m.

Marijuana and drug paraphernalia were found in a student's room after a report of a smell was coming from the student's room.



## GIRL CODE

Thiel College Edition  
Only on  
WXTC 88.1  
Youtube: ThielTCTV

Talking about what really happens in a girls life.

## The Finals Survival Guide

cont. from front page

Studies have shown that listening to classical music, or any music without words, leads to a higher retention of study material. This gives the brain an opportunity to relax and not focus on what lyrics it is hearing. Additionally, listening to music at a low volume may be more effective than listening to music at a higher volume.

It is can be easy to eat unhealthy items during finals week, and healthy snacks are not always made a priority. To counteract this, put unhealthy snacks somewhere that is difficult to access, such as in a box under your bed behind your dresser or

a Rubbermaid container.

Finally, the obligatory sleep warning. Sleep is important. That being said, it is unrealistic to think students will not pull all-nighters leading up to finals. If you must pull an all-nighter, remember to take naps throughout the night. Each sleep cycle lasts roughly an hour and a half, so plan naps of this length to help get you through the night.

Finals week will never be stress-free. Organizing time wisely and dealing with stress in healthy ways will help finals week pass a little easier. Remember, in the words of Troy Bolton, "We're all in this together."



You are cordially invited to attend the  
member induction and awards ceremony for the

THIEL COLLEGE

Chapter of  
**THE NATIONAL SOCIETY OF LEADERSHIP AND SUCCESS**  
(Sigma Alpha Pi)

Date: Tuesday, December 9, 2014 at 5:00pm

Location: Sawhill-Georgian Room, HMSC

Kindly RSVP to [mweir@thiel.edu](mailto:mweir@thiel.edu) with number in your party.

## Calling All Artists

Interested in drawing, painting, sculpture, or any other kind of art? Express yourself with Art Club! Join us in Pedas 100 every first and third Thursday of the month at 4 p.m. where we will discuss our passions and means of expression! See you there!

## FIFTH ANNUAL DOME OPENER

FOOD  
MUSIC  
GAMES  
— &  
MUCH, MUCH  
MORE

FREE  
ENTRY  
FOR LOCAL  
COMMUNITY\*

FRIDAY, DECEMBER 5  
5 PM - 10 PM

at Thiel College  
inside Alumni Stadium



Sponsored by Student Life  
w/ assistance of Athletics

\* Food and select activities will be ticketed.

Questions? Contact Office of Student Activities & Involvement:

Call (724)-589-2192 or Email [studentactivities@thiel.edu](mailto:studentactivities@thiel.edu)

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### About the Thielensian

The Thielensian is Thiel College's student-run newspaper, funded by the Student Government Association. Our mission is to serve the campus community by publishing timely, fair, and relevant news, sports, feature stories, and other information, and to provide a lively forum for student expression and the opinion of others on campus. The Thielensian encourages letters to the editor of 300 words or less by e-mail. Letters must be signed (no pseudonyms, please) and a phone number must be provided for verification. Letters must be free from offensive language, personal attacks, obvious errors in fact, and libelous or potentially libelous statements. Letters are subject to editing for length and clarity, and we reserve the right to reject any letter. Guest columns, letters or other opinions expressed in the Thielensian are the views of the writer and don't necessarily reflect those of the staff and adviser or the college.

Letters may be e-mailed to: [newspaper@thiel.edu](mailto:newspaper@thiel.edu)





# STUDENT LIFE & ACADEMICS

## Pakistani Thanksgiving Traditions Abroad: A Semester in France

cont. from front page

Ibrahim's commitment to Allah led him to a life full of abundance and great wealth because the two parties, Allah and Ibrahim, were bound in a covenant. This covenant is very important because Ibrahim's commitment to Allah was an unconditional covenant, which means Allah required nothing of Ibrahim except obedience and devotion and in turn, Allah promised to provide land and good fortune to him. This promise is esteemed very highly during the Eid-ul-Adha and is celebrated in the form of sacrificing animals.

Shaheen continued to explain that the sacrificed animal

is chosen from the livestock and can be either a cow, sheep, goat, or even a camel, but the animal being sacrificed cannot be one that has something wrong with it for it would not make a sufficient sacrifice.

"I would never want to sacrifice a cute little baby sheep," junior Meg Ely said. However, the thought that these sacrifices are considered animal cruelty can be immediately dismissed because the same procedure is actually used for both sacrificing and slaughtering animals for food. The process is designed to be as quick and painless as possible for the animals being offered to Allah.

Saba Pervez, an international

student who attended Thiel last year also shed some light on the matter of offering an animal for sacrifice.

"The animal should feel privileged that they were selected to be sacrificed because they were the best animal in the stock," Pervez said.

Shaheen concluded by saying, "If a Muslim is in the States, and therefore not able to attend a sacrifice, they will sometimes seek out a farm where they can perform their sacrifice, but many will also send money to their native land to help fund a sacrifice."

This holiday's traditions reflect the longstanding heritage of Pakistani culture.

by Keeley Criswell, [kcriswell@thiel.edu](mailto:kcriswell@thiel.edu)

Last year, Kristopher Karr spent the fall semester in Aix-en-Provence, France. His program lasted four months. Karr, an International Business major, said that he chose the program because it was fitting for his interests.

"It was sort of last minute, and I chose it because it seemed to fit me and had classes I was interested in," Karr said.

While in France, Karr studied both French and business. He finished his language requirement and took two classes towards his major. However, Karr also spent some time traveling while he was not in class.

"I took a seven day road trip around France visiting Toulouse, Bordeaux, Nantes, and parts of Normandy. I also spent a few days in Amsterdam and a weekend in Morocco just to experience something different," Karr said.

Like nearly everyone who studies abroad, Karr described his experience as life changing. During the trip, he gained lifelong friendships, memories that he'll never forget, and the ability to encourage others to take a similar leap of faith.

"It wouldn't be fair to really pick one [favorite] thing, but I would have to say that the people I got to meet and develop relationships with was my favorite experiences," Karr said. "[It was] an experience of a life time."

Karr said that one of the most life-changing aspects was experiencing a different culture

and a different language. He described the language barrier as being one of the most challenging but enlightening things he experienced.

"[The most surprising were] cultural things, like how you acted in public and dressed. You never saw too many sweatpants out in public. Also, the language barrier was one of most difficult things abroad. It really changes how you communicate and interact with people," Karr said.

Perhaps the worst thing about the whole experience for Karr

was coming home. "I was more prepared to leave the U.S. than I was to return to it," he said.

Overall, Karr found the entire experience to be one of the best, if not the best things he has ever done.

"Do it; you will not regret it," Karr said. "Half the battle is to even consider going and once you've done that you are open enough and ready to do it. If you do not go now you may never get the opportunity again. It will shape you into a better person and open many doors in the future."



The Eiffel Tower is just one of the stops Karr made while in France  
Photo Credit: Kris Karr

## Study Abroad Opportunity

by Dr. Matt Morgan, [mmorgan@thiel.edu](mailto:mmorgan@thiel.edu)

This spring, Thiel is offering a study tour to London and Paris. In preparation for this trip, on Thursday afternoons this spring, faculty members will present a variety of perspectives on British and French life and culture (alternate days will be announced when this time conflicts with the Thiel Forums).

Spotlights on multiple aspects of the countries will be shown, including the tradition of "high tea," the sport of cricket, James Bond, Monty Python, the English political system and monarchy, British literature, Fleet Street's economy, the Anglican Church, and many more. All are open to the public and will be at the introductory level. Those who register

for the trip will experience a nine day tour of the cultural hubs of England and France. Sites include Westminster Abbey, Parliament, Big Ben, Stonehenge, a West-End play (such as Wicked), and, once in Paris, the Cathedral of Notre Dame, the Louvre Museum, the Eiffel Tower, and Versailles. The trip will also include a three-credit interdisciplinary humanities course, tuition waived.

Those interested in the trip should e-mail Dr. Morgan, study abroad coordinator, at [goabroad@thiel.edu](mailto:goabroad@thiel.edu), and also explore Education First's site: [www.efcollegestudytours.com/1595445JT](http://www.efcollegestudytours.com/1595445JT). Financial aid is possible; inquire soon.



Students will have the opportunity to visit Stonehenge on their tour of London and Paris.  
Photo Credit: Keeley Criswell

## Students of the Month Announced

by Thiel College Communication and Marketing

Thiel College announces Steve Morgan, of Raritan, N.J., and Shayla Percy, of Lyndora, Pa. as students of the month for November 2014.

Morgan is a senior business administration and political science major and will graduate in May with a minor in economics. He has earned dean's list recognition for six consecutive semesters and is a member of Alpha Chi, a national honor society limited to the top 10 percent of an institution's juniors and seniors, as well as Pi Sigma Alpha, the national political science honor society. He was recognized for excellence in political science coursework and work in the community by being awarded the Roy H. Johnson American Government Award. Morgan is a member of the cross country and indoor and outdoor track teams at Thiel and is involved with the Students for Civic Participation group, serving as the organization's Conservative Chairperson. He is also involved in Thiel Christian Fellowship and the Christian Life Academy Service Project.

"Steve holds himself to high standards. He is a person

of great character, is dedicated to all that he does and is a well-rounded, kind person," his coach Steve Carr said on his nomination form. "He is someone who earns respect simply by his actions."

Morgan is the son of Joseph and Leticia Morgan of Raritan.

Percy is a senior neuroscience major who plans to attend the Medical College of Wisconsin in the fall of 2015. She has earned dean's list recognition for six consecutive semesters and is a member of Alpha Chi. She also has been involved with Psychology Club and Habitat for Humanity.

Dr. Eugene Torigoe said on the nomination form that Percy has high standards and strives for perfection. He added that she aids other students in class and works well with other students.

Percy is the daughter of Roger and Lisa Percy of Lyndora.

The Student of the Month is among the most prestigious academic awards Thiel College grants each school year. Only six female and six male students each academic year are chosen.



Morgan and Percy are among the 12 students selected as Students of the Month.  
Photo Credit: Thiel College Communication and Marketing

## New Presentational Literacy Course

cont. from front page

"I see Intro to Presentational Literacy being very successful in the years to come. Although it is still in its beginning stages at the moment, I see it being very beneficial in the future because the skills that it teaches are so necessary in today's world," said Evans.

He also mentioned that there are plans in the works to better incorporate the class into the core curriculum and make it more appealing to students.

Both Batchelor and Evans agree that although the Intro to Presentational Literacy Course is geared towards first year students, it would be just as beneficial to for upperclassmen to take as well. "Freshman year is a good time to introduce these types of skills so that students can strengthen and polish them in their upperclassman years," said Evans.

As the semester is nearing its end, the students currently enrolled in Intro to Presenta-

tional Literacy are working vigorously on their final projects. Several sections of the course will be offered again in the spring. Intro to Presentational Literacy is currently a one-credit class that meets one day a week, making it very easy to fit into individuals', especially upperclassmen's, schedules. The skills that this class introduces will follow students into the real world and may be what sets them apart from others in a future job interview.

## Why Love Hurts: How to Cope

by Mandy Slupek, [mslupek@thiel.edu](mailto:mslupek@thiel.edu)

Whether you are a freshman who is feeling your high school relationship slowly crumble apart, a senior choosing to break off romantic ties before leaving for graduate school, or somewhere in between, most of those who have ever loved have felt the ache of loss when a boyfriend and girlfriend pull apart. What causes this pain, and can it be avoided? Chemistry in the brain may help us find an answer.

"Romantic love is one of the most powerful sensations on earth," Dr. Helen Fisher, Chief Scientific Advisor to Chemistry.com and Research Professor at Rutgers University, said.

Many people have felt that power, but why does love have such a strong hold? It helps to first evaluate the biology behind love.

While natural selection in most species promotes promiscuity so that an organism has as many chances as possible of successfully passing on its genetic material to the next generation, humans seem to be drawn to one mate for life. This likely stems from the few offspring human females are capable of producing. Compared to a female mouse, which can produce an average of 300 off-

spring in her lifetime, a human female is unlikely to produce more than 10 healthy children in her life. As such, she has fewer chances to pass on her DNA and needs to make sure each child has the genes to survive. Not only does the human have fewer children, but she is responsible for caring for each child longer. A mouse becomes an adult in three weeks; children, on the other hand, take years. To compensate for this, humans are drawn to one mate that they determine to be the best potential care provider as well as possessing the best genetic compatibility for healthy offspring. From a biological standpoint, "love" is an attachment to a single mate that you are compatible with and trust to help you raise your child. However, we all know there is more to love than a drive to mate.

Inside the brain, when humans "fall in love", the pleasurable affects they feel actually come from the neurotransmitter dopamine which is detected by receptors in the nucleus accumbens, the major part of the brain responsible for pleasure as well as addiction. Dopamine, a chemical produced naturally and at an increased rate during 'love', is essential for

the reward system and pleasurable feelings, therefore it is very active in motivation. When this chemical is detected by the nucleus accumbens, humans begin to feel really good. Actually, the nucleus accumbens being flooded with dopamine is what creates a 'high' from drugs like cocaine. Much like being under the influence of cocaine, love becomes an obsession.

The strange part is that once a person is rejected, or dumped, there are three areas that become active. One is the area involved in romantic love, meaning you begin to love a person more after he or she leaves you. Also, the area for motivation, craving, and desire becomes hyperactive. Another part, the core of the nucleus accumbens, becomes active, leading to increased risky behavior and a misplaced calculation of gains rather than losses. The third and final area is a place signifying deep attachment. All of these combined signify that once a boyfriend or girlfriend leaves, your brain craves him or her more and is willing to do more to get him or her back.

Unfortunately for many, there is no way to avoid these effects other than not feeling love in the first place.



## Toombs Time: Saying Goodbye

by Sara Toombs, [stoombs@thiel.edu](mailto:stoombs@thiel.edu)



They say it's hard to say goodbye, but I don't think they're always right. Sometimes saying goodbye is like a

breath of fresh air when you've been underwater for too long. Goodbyes can be simple and filled with joy, like embarking on a new journey. Sometimes, it feels good and right to leave, and you know its definitely time. But no matter what kind of goodbye I'm saying, it always leaves me wondering.

Here, now, at the end of this chapter in my story, I am wondering so many things. There are so many questions associated with leaving Thiel.

I wonder the obvious things, like what I will do with my life and where I will go. I wonder the big, emotional things like who will remember me down the road and who will I remember from our time together here.

I ask myself silly things like what am I supposed to do with all these letter shirts and what article is going to take over my little corner of this newspaper. But, I suppose the answer is both jarring and comforting; life goes on.

When I was younger, I used to get really worked up over whether or not people would remember me when I was gone. I would become completely consumed with the idea that if something happened and I wasn't around anymore, everyone would just forget I ever existed.

Eventually, I came to terms with the fact that when you leave, some people forget you and some people don't. That's

scary, but it's also that kind of reality check that makes you feel small. It can be good to feel small and know that you're just a little grain of sand in the hourglass.

I guess I never completely overcame that worry about being forgotten, it just morphed into a fear of being remembered the wrong way. That, to me, is the most terrifying circumstance possible.

I can remember being at a graduation party the summer after finishing high school and being told by a girl I barely knew, "Yeah, a lot of people we graduated with thought you were a stuck-up b#\$%." I excused myself from the party, went to the downstairs bath-

room, and cried in a stranger's house.

Because that wasn't the way I wanted to be remembered. That's not who I was or who I am. I'm quiet and guarded. I generally assume that people would rather I didn't talk to them.

I'm way better at helping people with their homework than I am at helping them pick a prom dress. I always got along with English teachers way better than I did with teenage girls, especially when I was a teenage girl.

But perceptions are relative, intentions get misconstrued, and people who truly never meant any harm get remembered as hateful and concealed.

So, as with every Toombs Time before this, I will offer one last challenge. Push yourself to get to know people while you have the chance. Don't put yourself or others in categories and don't cut yourself off from other people. Learn as much as you can about others and try to remember them for who they really are.

And most of all, make sure you are portraying yourself the way you want to be remembered.

Thank you so much to those of you who have continued to read my column these last three years.

It is an honor to have my words remembered on these pages.

## Hermitage's Kraynak's prepares for the upcoming Christmas season

by Linsay Girts, [lgirts@thiel.edu](mailto:lgirts@thiel.edu)

Not only have we seen the leaves turn their array of vibrant orange and red, but with temperatures getting colder, we now have that wonderful white stuff covering the ground and icing the sidewalks. This season change is usually a sign that the holidays are just around the corner.

"The year always manages to completely fly by and with just over a month left before Christmas, it hits people that school break and family gatherings are almost here", said senior Jack Sindlinger, regarding the onset of Christmas-craze.

Christmas-craze can easily be illustrated by the infamous day after Thanksgiving - Black Friday. With all of the excitement, one might find longer lines at almost every store due to the massive amounts of

people scurrying to collect all of their food or gift items that make for a memorable holiday event.

One might especially find this scenario if they go to Hermitage and enter the doors of Kraynak's.

"Kraynak's is a family owned business that promotes fair pricing and quality products. Many families over the years have made Kraynak's their store for all seasons", according to Kraynak's official website.

Thiel students also enjoy the holiday cheer at Kraynak's.

"I live in Hermitage so I love being close to one of the greatest holiday stores around. I know that I can go to Kraynak's to find the most perfect gifts for each member of my family, and at a reasonable price as well", said senior Kristin Diegan. "It

makes me so excited just thinking of my family's faces on Christmas day when they open the gifts that I picked out, especially for them."

As Diegan points out, within this retail store one could potentially find everything on their list, and more.

Right down the road in Hermitage, Kraynak's is a hidden gem. It can almost be refereed to as Santa's Workshop the way that it is filled from wall to wall, aisle to aisle, with various kid's games, candy, and then a division of lawn and garden care, which is located behind the original store. Almost like a small "Toys-R-Us," a child could get lost within this store and the parent would know that they are off probably touching and playing with everything that the store has to offer.

"From Sept. 10 through Dec. 13, imagine a world of make-believe with twinkling lights, glittering trees, and a magical array of life-like characters. Santa's Christmas Land is a 300-foot, indoor starlight avenue of uniquely artificial Christmas trees. Each tree has a specific theme that is enhanced and complimented by surrounding scenery and a cast of life-like animated characters," the store's website boasts.

"I cannot wait to go and check out Santa's Christmas Land," senior Amanda Calahan said. "My roommates have talked about how great the displays are that are set up and how we have to go because they know that Christmas is my favorite time of the year. This is just what I need to get me in the true spirit of Christmas and es-



One of the many Christmas exhibits Kraynak's have displayed  
Photo Credit: Lynsay Girts

cape from the Christmas-craze and that America portrays." Kraynak's is located on 2525 East State Street in downtown Hermitage. The main store hours are Monday through Sat-

urday from 9 a.m. to 9 p.m. and also Sunday from 10 a.m. To 5 p.m. During the hours of operation, Santa can be found daily at Kraynak's.

## Why Your Articles are Awful...

by Andrew Denson, [adenson@thiel.edu](mailto:adenson@thiel.edu)

\*\*\*\*WARNING: This opinion piece is meant to be offensive and is based off the offensive online blog, "Why your favorite team sucks," on Deadspin. Please do not read if you become easily offended.

**The Article:** The most degrading, offensive, upsetting newspaper article to ever come out of Thiel College (aka. Why Your Favorite Movie is Awful). First off, I would just like to point out one thing. Who thought it would be a good idea to give this guy his own newspaper article? Did the people in charge never watch his equally offensive radio and television shows? It's ridiculous the trash that is allowed to be shown in our society. In this article, Denson loves to bash and trash all of our favorite movies in his form of cringe humor better suited for a prison. He comes off as arrogant and judgmental about movies that should never be made fun of because as we all know.....movies have feelings. It just is not right that a student at a college should be able to get away with writing this nonsense. Seriously!

**The Writer:** As stated earlier, we can all agree that Mr. Denson is literally the worst human to ever grace the planet Earth. His passive aggressive nature mixed with a hint

of arrogant prick have made him one of the most hated people in the history of the world. He claims that he is just overly honest and is only mean to those who have wronged him or the people he cares about. This is true, but why is he being honest? We as college students are meant to be liars, cheaters, and overall bad people and here comes this guy with his brutal honesty and true nature and thinks he can just get away with the stuff he says. The worst part is.....he embraces it. People say negative things about him all the time and instead of retaliating by starting another rumor, he calls the person out on one of many of his many forms of social media. What a jerk. Once again I have to ask, WHO GAVE THIS GUY PERMISSION TO TALK IN THIS NEWSPAPER?

**Why The Article Sucks:** Every other Friday, we dread looking forward to this article because we know that over the next 600 words our childhoods will be destroyed. Despite this, we read anyway and we can all

agree that it's complete garbage. Can you believe he is serious about all the things he says in the article? If we had any sort of a sense of humor it would almost come off as satire, but instead we are a bunch of humorless androids and we demand that our favorite movies be left alone. The worst part of his article obviously is when he points out at the end of every article that he actually enjoys the movie he talking about. WHY WRITE AN ARTICLE ABOUT IT THEN IF THAT'S THE CASE. Things that you like should never be made fun of. Things that you like have feelings too. He is a sad human being and much like he says in his articles, I hope something bad happens to him.....like a stroke on his wedding day. Jerk.

**Why The Article Does Not Suck:** It sucks. End of story. He sucks, it sucks. Good Day.

**Worst Parts:** Any and all things. He is a worthless bucket of poo. The end.

## Christmas: the Forgotten Reason

by Christian Kafka, [ckafka@thiel.edu](mailto:ckafka@thiel.edu)



Giving, a true meaning of Christmas, is often forgotten among presents and traditions.  
Photo Credit: Keeley Criswell

It is that time of the year again. This is the last holiday of the year where shopping fanatics go crazy as they try to pick out the best gifts for family, friends, or themselves. In a country dominated by Santa Claus, many people fail to grasp what the true meaning of Christmas is.

Media tends to demote Jesus Christ during the winter season as fewer religious ornaments are on display since they "offend" people more often nowadays. Sure, I could go on a huge spiel about the Bible and the birth of Christ, but that is not what is needed in this situation. Everyone already knows these facts, or has heard of them at some point in their lives. What people need to realize is that this holiday (beyond religious

value) is to focus on giving.

Giving does not mean that a ludicrous amount of money must be spent or that ridiculous gifts must be received in return. The giving that matters most is being involved with those who you care about. Christmas is supposed to be about the birth of an amazing person who lived a life of helping others in his time and the future, so shouldn't we be focusing on doing the same?

While money may bring temporary satisfaction, it does not secure true, long-term happiness. It is easy to get caught up in all the excitement of holiday sales and new accessories, but it means much more to individuals if they receive acknowledgment and are shown affection.

Many people who profess to be Christians also fall victim to the new culture of Christmas. Times are stressful, media is overpowering, and it is easy to move on with Santa Class instead. To reiterate, more than ever Christianity is becoming less tolerable in this country, so it is easy to be fearful of putting your religion on display.

However, do not allow outside influences to affect the practices inside your home. Christmas is about a celebration of life and selflessness, so do not forget about those two important facets of the holiday in these busy times. It does not matter what religion (if any) that you follow, but be there for your loved ones. That is the best form of giving.

## Letter to the Editor

by Joyce Thiel

The Thielensian received this letter to the editor from Thiel family descendant Joyce Thiel after Family Weekend.

The Family Weekend Event held earlier this month provided parents an opportunity to appreciate the beautiful campus, relax and enjoy some enter-

tainment, as well as visit with their favorite student. While there, I picked up the October 31 copy of the "Thielensian". A front page article recognized the commendable efforts of the Zeta Tau Alpha sorority in raising money and awareness about breast cancer.

While the article identified alcohol as a risk factor for breast cancer and acknowledged a healthy life style as a prevention, it failed to mention that smoking and taking oral contraceptives, especially by women who have not had their first child, also increase the risk

of breast cancer.

The International Agency for Research on Cancer (IARC), a part of the World Health Organization, classifies tobacco smoke, tobacco smoke - second hand, and oral contraceptives as Group 1 agents, which means there is sufficient evidence that

the agent is carcinogenic to humans.

Dr. Angela Lanfranchi is an oncologist, breast surgeon and co-founder of the Breast Cancer Prevention Institute. In her booklet "Breast Cancer: Risks and Prevention Fourth Edition" she explains the biology behind

breast cancer. The booklet is free on-line at the Breast Cancer Prevention Institute website, [bcpinstitute.org](http://bcpinstitute.org).

The Fred Hutchinson Cancer Research Center in Seattle also has information about breast cancer causes and prevention on their website, [fredhutch.org](http://fredhutch.org).



Opinion Poll: What do you want for Christmas?



“a puppy”  
**Zach Kubec**



“a new tattoo”  
**Sharr Martin**



“a new Xbox”  
**Luke messing**



“world peace”  
**Kourtney Polvinale**



“an Xbox One”  
**Justin Dade**



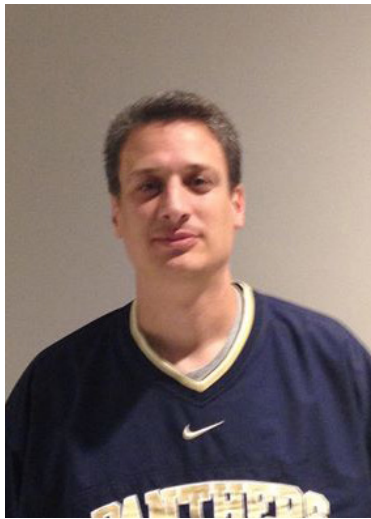
“I want all A’s on my finals.”  
**Ashley Reynolds**



Snow and ice cover Brother Martin’s Walk amidst cold November weather.  
Photo credit: Maryanne Elder

20 Years Later; 20 Years Wiser:  
Tomcat Returns to Thiel

by Shawn Konter; skonter@thiel.edu



Today marks the last in my series “A Student’s Life from Twenty Years Ago”. I

have done my best to provide an accurate picture as possible to describe what life was truly like here at Thiel 20 years ago. I wrote this series of articles both as a way to reflect back on my time as first-time student at Thiel, but also to give you a picture of just what daily life was like for students of my era, what one would do on the weekends, and how the living arrangements were set up. Also included were both Thiel and the area professional sports teams and how they “made out”. I have also described what television shows were popular, what movies

came out during that time, what actors made their big screen debuts, and what activities were offered here at Thiel. For my series today, I have decided to deviate from my regular course and just share some general and specific thoughts with you as we prepare to end another semester. First to the graduating seniors, congratulations on your well-deserved achievements and accomplishments. As this chapter in your life closes, a new one now begins. However, this time, you have the knowledge and foundation that anything you desire is attainable.

Not just for the graduating seniors, but for all students here and around the world, education is the one thing that can never be taken from us for it is a tool. If one needs this tool, it is there. If one does not have this tool, it is still possible but much more difficult to overcome. To the upperclassmen who are not graduating, you must now set the example for the rest of the students here. Rest assured many people are looking at you knowingly or unknowingly at you. To all students here at Thiel, I encourage to take a class in something that appeals to you.

It may end up being a wise decision and the start of something for your future. It may also spark an interest in something else and if nothing else you needed the class for credit anyways. Additionally, if you know someone who is struggling with one of their classes or an issue outside of school, I encourage you help them out because you could unknowingly be the difference that gives them a better tomorrow. If you choose, Thiel is what commonly binds us all together and your friendships with each other now will potentially be

life-long ones. You will also learn and simply be amazed how this small school will have an impact on you for the rest of your life. You will meet people from all over the world who have some type of connection to Thiel. It is truly your decision on how you move forward and uphold those connections. In closing, I would like to thank the staff at the Thielensian for the opportunity to share my story and series with you. I hope you have enjoyed my series as much as I have enjoyed writing and sharing it with you.

Fashion Frenzy: Winter Fashion Changes

by Katie Allgeier; kallgeier@thiel.edu

Happy winter, fashion minions. In preparation for the upcoming winter, I have been scouring the web for the latest in winter fashion (admit it; you’ve been on Pinterest just as much as I have. I’ve seen it). In looking for the perfect boot or winter coat, I’ve come across a disturbingly popular style. I call it, “The Han Solo.” I must admit, I can’t take credit for identifying or naming the style (shout out to the boo) but I will take credit for explaining this to you all. The Han Solo involves wearing a flannel shirt under a vest, with some high boots thrown in for good measure (Starbucks cup is optional). Obviously, this style is pretty

popular now, and that’s all fine and dandy, so long as you keep your phaser holstered and plan to shoot first. A word of caution, however: please do not try to wear this style through all of winter without something more substantial covering you up. Aside from looking pretty basic, no one can survive a Pennsylvania winter in naught but a vest and a flannel shirt. I’ve never understood why vests exist. At what point are your arms warmer than your torso? That’s your main source of body heat. And while flannel shirts are warm and cozy—I’m wearing one now, as it happens—they are no substitute for a good winter coat and sweater. To that end, try looking for a

sturdy winter coat that will last for a few years. Try a wool coat with a flannel lining, or a puffer jacket with down filler. Another new, more practical winter style is the parka jacket. These canvas coats with flannel or fur lining are quite resilient, and can even be waterproofed for extra versatility. One of the biggest complaints about winter coats is that the good ones are expensive. Well, I’m here to tell you some big news: yes, they actually are. They’re expensive because they work. The big name coat companies got their reputation because their products will keep you warm for many winter moons to come. Columbia,

North Face, and L.L. Bean all have some pretty fabulous (if expensive) winter coats to offer, and they’re all worth the money you pay. If you’re more adventurous, more sporty, or prone to falling down into piles of snow, opt for snowboarding brands like Burton, O’Neill, or Roxy. These coats are specifically tailored to suit someone who spends their time outside, and offer more warmth and protection than the average “fashion” winter coat. As a bonus, these coats usually have features that prevent snow from getting into your sleeves or waistband—no one likes snow in their drawers. These brands will be more expensive, but the payoff will

come when you’re locked out of your dorm at midnight, waiting for PS, warm as a July afternoon. To address the “Han Solo” look, I think it is more suitable for fall weather, where the temperature hovers between “Good gracious this is too hot” and “Heavens to Betsy I’m an ice cube.” Perhaps our southern neighbors have the privilege of wearing this outfit during the winter months, but for us in the north, a good coat is one of the most fashionable investments of the season.



A good coat, like this one from Columbia, can be the difference between a happy New Year or a case of frostbite.  
Photo: columbia.com



## Women’s basketball holds off late Lion Comeback

By Paul Connelly, pconnelly@thiel.edu



Freshman forward Taylor Duchon takes the ball down the court during Thiel’s 83-76 win over Penn State-Behrend.

Photo Credit: Thiel SID

After a rocky start to the 2014 season, the Thiel College womens basketball team picked up its first win of the year against Penn St. Behrend after holding off a last minute rally to win 83-76, on Tuesday Nov. 18th.

The first half belonged solely to the Tomcats as Thiel’s Taylor Duchon put up nine points to contribute to a ten-point run, making it 19-8. Then, Simone Reid put one away behind the arc and another in the paint to put the Tomcats up by 13.

After the Lions’ Fontaine Glenn got a layup on an assist from Erika Woll, the Tomcats went on an 11-point run including Kayla Welty’s three-pointer after a Thiel timeout.

The Lions tried to bounce back when Sadie Zielinski hit the open shot from outside but Duchon answered with a three of her own and Thiel led by 18 with 4:03 on the clock.

Zielenski capitalized off of a Tomcat turnover and put five more on the board for the Lions but inside work by Duchon and a three by Welty put the Tomcats ahead at the half 45-27. Duchon was seven-foften from field goal range and two-for-three behind the arc while Welty was perfect from the three-point line, making all three of her attempts. The Tomcats together were shooting 67% from three-point range with 24 boards total.

Despite a few missed shots at the beginning of the half and three shooting fouls falling in the Lions favor, the Tomcats

continued to command the lead. Penn St. started coming from behind, going on a 10-4 run and making every one of its trips to the line count. Jaclyn Watkins helped the Tomcats pull away when she scored six unanaswered and the Lions took a thirty second timeout to regroup.

Both teams then took turns shooting free-throws as Thiel’s Taylor Ketler made both after getting fouled by Erika Woll and Brijae Journee made hers for the Tomcats as well. After the Lions turned the ball over, Kayla Welty was fouled on her way up and the Tomcats increased the lead to 22 after a going on a 12-2 run.

Journee would take another trip to the line, making both of hers and so would the Lions’ Fontaine Glenn. Watkins would hit the jumper inside to keep the lead at twenty after a few possession changes and a foul by Thiel’s Korinna Sherman sent Brittany Kiger to the line where she would decrease the lead to 18. A couple free-throws by Lawrence and two three-pointers by Zielenski and Lawrence put the Lions within 12 with under four minutes left.

Then after Watkins made the layup, Penn St.’s Ally Burke answered with the Lions’ third straight three and the Tomcats led by 11. Burke would steal the ball from Duchon but Zielenski would miss the three-point attempt and Duchon got sent to the line. Burke brought the Lions within ten after making three from the line and Er-

ika Woll would add three more to deplete the lead to seven with 1:26 remaining.

Woll was sent to the line again but couldn’t capitalize and Watkins picked up the rebound. Duchon was fouled by Burke and made both of hers but Zielenski fired right back with a three and the lead was cut to six with 55 ticks on the clock. Burke was fouled by Duchon after the Tomcats turned the ball over and the Lions were down by four.

Welty made both of her free throws after being fouled by Woll and Zielenski failed again on the attempt to make it a one possession game. Watkins picked up the rebound and Zielenski had no choice to foul putting the Tomcats up by eight with 19 seconds left.

The last chance three by Zielenski missed but Woll stole the ball away and Burke put the layup in to make it a two possession game with only six seconds left. After coming off of the bench, Cimone Reid put the finishing touches from the line, making one more free-throw and the Lions ran out of time.

Watkins finished with her first double-double on the year with 24 points and 11 rebounds while Duchon and Welty put up 22 and 15 points, respectively. Overall the Tomcats outplayed the Lions on the boards with 45-31 rebounds and forced seven turnovers. As of December 2nd, the Tomcats are currently 1-4 and will face off against Bethany at home on Saturday.



Junior forward Jaclyn Watkins recorded her first double-double of the season with 24 points and 11 rebounds during the win against Penn State-Behrend.

Photo:Thiel SID

## Tomcat Wrestling Earns National Ranking

by Paul Connelly, pconnelly@thiel.edu



Senior Jerrold Roosa holds down Brent Kirk during the Tomcats’ 26-5 win over 11th ranked Mount Union

Photo Credit: Ed Malliard

With a debut in the national rankings at no. 14 and a pick as the favorite to win the President’s Athletic Conference Championship, the Thiel Tomcats wrestling team are off to a solid start this winter.

After placing 5th at the Washington and Jefferson College Invitational and 9th at the Mount Union tournament, the blue-and-gold have split 2-2 at the Mount Union duals on Saturday, November 22nd. The Tomcats picked up two wins against Lycoming College(20-13) and John Carroll University (22-16) while falling to York College(12-26) and Messiah(3-42). In the home opener, Thiel came up big with a win over 11th ranked Mount Union 26-5.

At the W&J invitational, Thiel sent over seniors Brandon Collins (165), Jerrold Roosa(184), and Sean Byham(157) along with junior Nick Sutton(141). Collins took the individual title for his weight class, getting the pin over Millersville in the final match while Roosa took third, falling in the semi-finals and winning out in the consolation bracket to defeat Wheeling Jesuit’s Sawyer

Leppla 3-2. Sutton and Byham both picked up 4th place finishes to give Thiel the 5th placing overall.

Later that week, the Tomcats pulled off a huge upset over the top ranked Purple Raiders after being down early. With the score set at 3-0, Robert Ritschard (133) and Adam Matthews(141) picked up two wins in a row for Thiel. After Ben Kazmir’s defeat of Nick Sutton at 149 pounds, Thiel finished off the Raiders with six straight decisions by Byham, Collins, Roosa, Marco Crivelli(174), and Blake Heim(285) to knock off the Raiders and bring a previously unranked team in the preseason to a premier spot at no. 14.

The Tomcats made the trek over to their previously defeated opponent’s territory to compete in the 2014 Mount Union Duals that following Saturday where they faced off against 18th ranked York and dropped the opening dual 26-12. Freshman Jason Miller tallied six points for the Tomcats after pinning the Spartans’ Tom Moss in the just 47 seconds while Byham and Collins picked up two more decisions for the Tomcats

effort.

In the second match, Thiel picked up their first win against John Carroll 22-16. Roosa and Heim played key roles for the Tomcats, picking up wins late into the match while Sutton, Christopher Nuss(157), and Guiliano Graziosi(125) earned wins as well.

The Tomcats faced a tough opponent in 2nd ranked Messiah College during the third match as they fell in a crushing 42-3 defeat. Nuss received the only decision for the Tomcats with a 9-4 win over the Falcons’ Greg Kabakjian.

The Tomcats ended the day on a high note when they defeated Lycoming 20-13 in the fourth and final dual. Junior Lance Waters opened things up with a 5-3 decision in the 133 pound class while Roosa snatched the tech fall 17-0. Picking up wins for the Tomcats to finish things off were Byham, Collins, Heim, and Tyler Wilkes( 174) who all had decisions in their favor.

The Tomcats look to prove their worth of the national standings when they travel to Rochester for the RIT invitational on Saturday Dec. 6th.

Support Your Tomcats!

Saturday 12/06

Womens Basketball v. Bethany @ 1 PM

Mens Basketball v. Bethany @ 3 PM

Tuesday 12/09

Womens Basketball v. Hiram @ 7 PM